

Provider Guidelines for Clinical Neuropsychological Evaluation Referrals

Easterseals Capital Region & Eastern Connecticut offers clinical neuropsychological evaluation services for children and adults. This guide is designed to streamline the referral process and enhance support for your patient's treatment.

Once a complete referral, including medical records, patient demographics, and insurance information, is received, our office will contact your patient to schedule. *Incomplete referrals may be denied and returned.* Referrals can be **faxed to 860-748-4432**. Please **call 860-270-0600 x 100** with any questions. We look forward to supporting your patient.

What is a Clinical Neuropsychological Evaluation?

A neuropsychological evaluation assesses brain functioning and the impact on behavior, including learning, attention, language, and mood. Benefits include:

- Understanding cognitive difficulties and factors contributing to challenges in daily functioning.
- Establishing and tracking cognitive baselines.
- Monitoring disease progression and responses to treatment.
- Formulating treatment recommendations.
- Providing strategies for success in educational, work, and home environments.

Criteria For Referral

Refer for a neuropsychological evaluation when:

- A change or decline in cognitive, behavioral, or daily functioning is observed.
- Assessment of the extent of cognitive issues and their contributing factors is needed.
- Diagnosing neurodevelopmental or neurocognitive reasons for daily functioning impairments.
- Evaluating the impact of medical or neurological conditions on cognition is necessary.
- Safety concerns in daily activities and decision-making capacity need examination.

Criteria Against Referral

Avoid referring when:

- No cognitive changes or concerns are observed or reported.
- The primary need is the differential diagnosis of psychiatric conditions, including personality disorders. Instead, refer for *psychiatric* evaluation. (Note: Neuropsychological referral may be appropriate if cognitive concerns persist following psychiatric treatment and stabilization.)
- Primary concerns are academic or learning disabilities. Consider a school district evaluation first, as insurance typically does not cover academic testing.
- The evaluation is required for legal reasons, such as for disability claims or lawsuits.

Additional Services:

Easterseals does *not* provide psychiatric medication treatment services. Easterseals does **offer** psychotherapy and Speech and Language Therapy services for all ages. Please use our Outpatient Treatment Services Referral Form for these services.