

Understanding Testing Services at Easterseals Capital Region & Eastern Connecticut

We offer several types of evaluations to better understand learning, thinking, and emotional concerns. This guide explains each service and what insurance may cover.

Neuropsychological Evaluations

A **neuropsychological evaluation** looks at how the brain is working. It assesses thinking skills such as attention, memory, language, problem solving, and visual skills. It is used when there are concerns about neurological, developmental, or complex psychiatric conditions (e.g., autism, seizures, brain injury, dementia).

Requirements:

- A **referral from a prescribing provider** (such as a physician, psychiatrist, or nurse practitioner) is required.

Important to know:

- *This evaluation does **not** usually include full academic testing (reading, writing, math).*
- *Academic testing for school or learning disorder concerns requires a separate service that includes educational/academic achievement assessment.*

Includes:

- Clinical interview and review of medical, psychiatric, social, and developmental history
- Standardized cognitive testing (attention, memory, executive function, language, visual-spatial skills, etc.)
- Social-emotional and behavioral assessment (as needed)
- Integration of findings into a comprehensive report

Payment:

- Often covered by insurance if medically necessary.
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Psychological Testing

Psychological testing focuses on emotional, behavioral, and mental health concerns. It helps clarify diagnoses such as ADHD, depression, anxiety, or other mental health conditions and supports treatment planning.

Requirements:

- A **referral from a prescribing provider** (such as a physician, psychiatrist, or nurse practitioner) is required.

Includes:

- Clinical interview and review of medical, psychiatric, social, and developmental history
- Standardized measures of mood, personality, and/or behavior
- Integration of findings into a comprehensive report

Payment:

- Often covered by insurance if medically necessary.

Academic Achievement Testing (Add-On Option)

Academic achievement testing measures academic skills in reading, writing, and math. This service is available as an **add-on** only if:

- You have completed a comprehensive neuropsychological evaluation at our practice within the past 6 months
- There are no concerns or changes in your cognitive functioning since the previous evaluation

Includes:

- Standardized achievement testing
- Brief report or addendum referencing prior evaluation

Payment:

- This service is **self-pay** and not covered by insurance.
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Full Psychoeducational Evaluation

A **psychoeducational evaluation** is a comprehensive assessment for individuals with academic concerns who have not had a recent neuropsychological or psychoeducational evaluation.

Includes:

- Clinical interview and review of developmental/educational history
- Cognitive/IQ testing
- Academic achievement testing (reading, writing, math)
- Learning and processing measures
- Social-emotional/behavioral screening if needed
- Comprehensive report with individualized recommendations

Payment:

- **Self-pay** (not covered by insurance).
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Insurance Coverage

- **Neuropsychological and psychological evaluations** may be covered by insurance if they are **medically necessary** (for diagnosing neurological, psychiatric, or developmental conditions) and a referral from a prescribing provider is provided.
 - **Academic achievement testing** and **psychoeducational evaluations** performed solely for educational reasons (such as identifying learning disabilities, qualifying for an IEP/504 plan, or standardized test accommodations) are generally **not covered by insurance**. These are considered educational, not medical, services.
 - We recommend contacting your insurance provider directly to verify coverage for any assessment.
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Summary Table

Service	What's Included	Referral Required	Insurance Coverage	Payment
Neuropsychological Evaluation	Cognitive, behavioral, neurological testing	Yes	Often covered if medically necessary	Insurance/Self-pay
Psychological Testing	Mood, personality, behavioral assessment	Yes	Often covered if medically necessary	Insurance/Self-pay
Academic Achievement Add-On	Reading, writing, math achievement only	No	Not covered	Self-pay
Psychoeducational Eval	Cognitive, achievement, processing testing	No	Not covered	Self-pay

Frequently Asked Questions

Can academic achievement testing be added to my neuropsychological evaluation?

Academic achievement testing is not included in standard neuropsychological evaluations. If you need academic data, you may request add-on achievement testing (self-pay) if you have had a comprehensive evaluation with us in the past 6 months and there are no new concerns.

Is a referral required for testing?

A referral from a prescribing provider is required for neuropsychological and psychological testing. Academic and psychoeducational testing for educational purposes does not require a referral.

Can I use insurance for academic or psychoeducational testing?

No. These services are typically not covered by insurance unless medically necessary. Please plan for self-pay.

How do I schedule?

Contact our office to discuss your needs. We will help determine the most appropriate evaluation type and review payment options.

Questions?

Contact Easterseals CREC at 860-270-0600 or clinicalservices@esrec.org for more information or to schedule an appointment.

Fax referrals to 860-748-4432.