



Outpatient Clinical Services, Career Development Services, Veteran & Military Family Programs & Administrative Services

100 Deerfield Road
Windsor, CT 06095
860.270.0600
Fax 860.748.4432

Adult Day Support, Career Development Services & Veteran & Military Family Programs

24 Stott Avenue
Norwich, CT 06360
860.859.4148

Adult Day Support, Enviroshred, Enviroclean & Social Enterprises

22 Prestige Park Circle
East Hartford, CT 06108
860.728.1061

Award winning Easterseals Capital Region & Eastern Connecticut Accolades

Easterseals Top 50 Charity: Easterseals is proud to be ranked by Forbes in 41st place among its list of the top 100 Charities of 2025.

- Vocational Rehabilitation Programs CARF Accredited
- First in Connecticut to provide EarliPoint™ evaluations for Autism

Connect with Us

easterseals.com/Hartford

EastersealsCREC

www.linkedin.com/company/eastersealsCREC

veteransrallypoint

www.linkedin.com/company/veteransrallypoint



100 Deerfield Road • Windsor CT 06095



Counseling & Therapy Services

Our multi-disciplinary clinical team offers a full range of outpatient services

Call now for an appointment
860.270.0600



Getting Started

Call 860-270-0600 x100

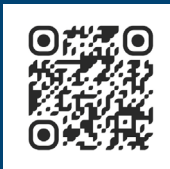
or
email

clinicalservices@escrec.org

to request
an appointment.

We accept most insurance plans,
including Husky (Medicaid),
and will guide you through
the process.

SCAN THE QR CODE
WITH YOUR SMARTPHONE'S
CAMERA & TAP THE LINK.



Therapy & Counseling

Services focus on individual, couples, or family concerns including mood regulation, depression, anxiety, grief, and social pressure. The provider works with patients to improve their quality of life through either short or long-term treatment. Providers can also assist with identifying and connecting to community resources and coordinating care with other providers to support overall well-being.

Age Range: Lifespan

Types Offered: Individuals Therapy, Couples Therapy, Family Therapy, in-person and virtual.

Duration: 30min, 45min, 60min

Common Diagnoses Treated:

- Autism • Depression • Bipolar Disorder
- Anxiety • Grief • Trauma/PTSD

Groups

Our therapeutic and support groups provide a safe, welcoming space where individuals can connect with others who share similar experiences. Led by licensed clinicians, groups focus on building coping skills, emotional resilience, and social connection within a supportive environment.

Group topics vary throughout the year and are designed to meet the needs of different age groups and life experiences. Common focus areas include:

- Managing anxiety, stress, or mood changes
- Coping with loss, grief, or major life transitions
- Building social and communication skills
- Enhancing emotional wellness and self-confidence
- Supporting caregivers and family members
- Encouraging connection and belonging

Each group combines discussion, education, and practical skill-building to promote emotional growth and overall well-being.

About Our Out Patient Clinical Services

Our non-profit Outpatient Center is comprised of therapists who are dedicated to providing services that enhance the health and well-being of our patients. We provide those services on a one-on-one basis using the time needed to help our patients reach the best possible outcomes.

Easterseals is one of America's largest nonprofit health care organizations serving individuals and families with disability, children, veterans, seniors, and caregivers. A leading provider of outcomes-based services and powerful advocacy for the one in four people living with disability, Easterseals serves people living with all disabilities throughout the lifespan. Supporting their goals of independence self-sufficiency and community integration.

OUR PURPOSE & MISSION:

Easterseals is a leader in building thriving communities by opening doors to support and participation for people with disabilities, Veterans, and families— improving education, advancing health, and increasing employment.

Independence. Full Lives. That's our impact.

