

How Should I Prepare for My Evaluation?

- Get a good nights sleep the night before.
Eat a healthy, nutritious breakfast the morning of your appointment.
- Take any prescribed medications as you normally would, unless instructed otherwise.
- Refrain from using any substances and non-prescribed medications for at least 30 days prior to your evaluation.
- Arrive 15-20 minutes prior to your appointment to complete any necessary paperwork.

What Should I Bring?

- Insurance card and ID.
- Enclosed paperwork completed and any previous evaluations.
- List of ALL current medications and supplements, including prescription and over-the-counter medications.
- Glasses and/or hearing aids.
- A nutritious snack and beverage.
- If you need to take medications at a particular time, please bring these with you.
- If you have a conservator/guardian, they must accompany you to your initial appointment.

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Neuropsychological Assessment & Evaluation
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Fax 860.748.4432

Adult Day Support, Career Development Services & Veteran & Military Family Programs

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860.859.4148

Adult Day Support, Enviroshred, Enviroclean & Social Enterprises

22 Prestige Park Circle
East Hartford, CT 06108
860.728.1061

Award winning Easterseals Capital Region & Eastern Connecticut Accolades

- Easterseals Top 50 Charity: Easterseals is proud to be ranked by Forbes in 41st place among its list of the top 100 Charities of 2025.
- Vocational Rehabilitation Programs CARF Accredited
- First in Connecticut to provide EarliPoint™ evaluations for Autism

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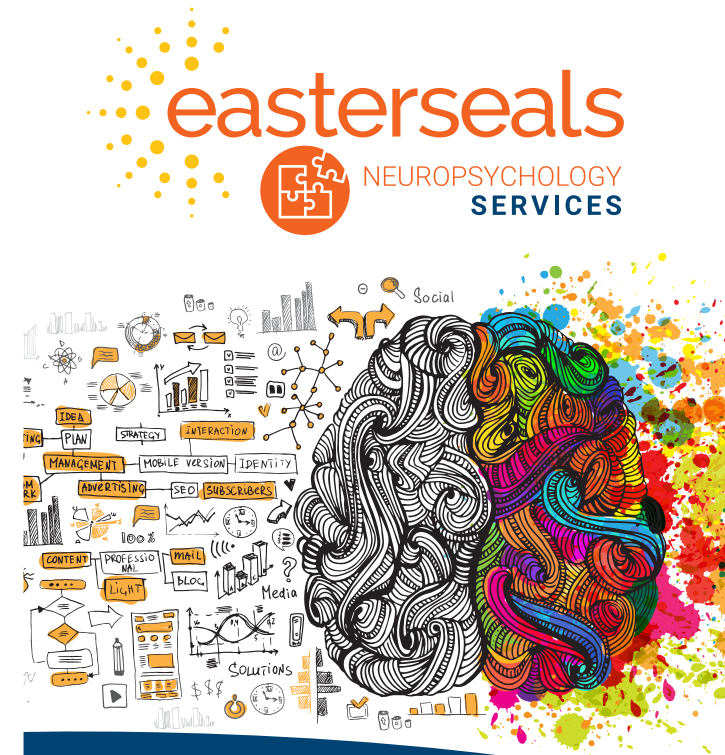
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Psychological and Neuropsychological Evaluations

A Guide for Patients and their Families

Providing critical information to help you live your best life

OUR PURPOSE & MISSION: Easterseals is a leader in building thriving communities by opening doors to support and participation for people with disabilities, Veterans, and families— improving education, advancing health, and increasing employment.



Why Have I Been Referred?

Psychological and neuropsychological evaluations are requested to help your doctors and other professionals better understand your thinking, emotions, behavior, and how the brain may be functioning.

An evaluation may be helpful when someone is experiencing:

- Changes in thinking, memory, attention, or learning
- Emotional or behavioral concerns affecting daily functioning
- Difficulty completing familiar tasks or managing responsibilities
- Changes in mood, behavior, or decision-making
- Language or communication difficulties

Testing is often recommended to help:

- Identify cognitive, emotional, and behavioral strengths and challenges
- Clarify diagnoses
- Establish a baseline of functioning and track changes over time
- Monitor recovery or progression of an illness, injury, or medical condition
- Guide treatment, therapy, educational, or work-related supports
- Provide clear recommendations to you and your health care provider(s)

Referrals may be made due to medical, neurological, developmental, or psychological concerns.

What are Psychological and Neuropsychological Evaluations?

Clinical psychology and neuropsychology are specialty areas focused on understanding thinking, emotions, behavior, and brain-based functioning.

- A clinical psychologist is a licensed psychologist trained to assess emotional, behavioral, and mental health concerns.
- A clinical neuropsychologist is a licensed psychologist with specialized training in how brain structure and function relate to thinking and behavior.

Evaluations use standardized tests and clinical procedures and may assess:

- Attention and concentration
- Learning and memory
- Language skills
- Visual-spatial skills (e.g., spatial perception)
- Motor and sensory skills
- Planning, organization, and problem solving
- Academic skills
- Emotional, behavioral, and personality functioning

Not all areas are assessed in every evaluation. Testing is tailored to the questions you and your doctor have.



What to expect

Clinical Interview:

You will be asked about your current concerns, medical and mental health history, medications, and daily functioning. A family member or caregiver may be asked to participate when helpful. This appointment typically lasts 1-2 hours.

Testing

Testing is completed in one day and typically lasts 3-4 hours. It includes standardized paper-and-pencil and/or computerized tasks and questionnaires. Breaks are provided as needed, and you are welcome to bring snacks and beverages.

For individuals under 18, a parent or caregiver must remain in the building for the duration of the appointment.

Feedback Session

Feedback is provided during a separate appointment after testing. During this visit, the clinician explains results and discusses recommendations. A written report is shared with the referring provider.

Insurance and Referrals

We accept most major insurance plans, including Medicaid. Coverage depends on medical necessity.




A referral from a prescribing provider is required for psychological and neuropsychological evaluations.




Fax referrals to 860-748-4432

Questions or scheduling call 860-270-0600 x100 or email clinicalservices@escrec.org.



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