

Understanding Testing Services and Insurance Coverage

We offer psychological and neuropsychological evaluations to help understand concerns related to thinking, learning, behavior, emotions, development, and daily functioning. This guide provides a brief overview of our testing services, referral requirements, and insurance coverage.

TESTING SERVICES OFFERED

Psychological and Neuropsychological Evaluations

Psychological and neuropsychological evaluations may be helpful for concerns such as:

- Autism spectrum disorder (ASD)
- Attention and executive functioning difficulties
- Learning and developmental concerns
- Emotional or behavioral concerns
- Memory or thinking difficulties
- Medical or neurological conditions affecting functioning
- Diagnostic clarification and treatment planning

Evaluations may include interviews, questionnaires, record review, and standardized testing. A written report with recommendations is provided.

Academic Achievement Testing

Academic testing helps identify academic strengths, weaknesses, and learning needs. Academic testing measures skills in reading, writing, and math.

Academic testing is **not** included in standard psychological or neuropsychological evaluations but may be added to a neuropsychological evaluation as a **self-pay service** when appropriate.

Psychoeducational Evaluations

Psychoeducational evaluations focus on school-related concerns and may be helpful for:

- Learning disabilities
- Academic performance
- Educational planning
- School or standardized testing accommodations

These evaluations typically include cognitive (IQ) and academic achievement testing.

REFERRAL REQUIREMENTS

A referral from a prescribing provider (e.g., MD, DO, APRN, PA) is required before psychological or neuropsychological testing can be scheduled. The referral should describe the concerns prompting the evaluation and support medical necessity for insurance coverage.

Academic achievement testing and psychoeducational evaluations do not require a referral from a medical provider.

INSURANCE COVERAGE

Psychological and neuropsychological evaluations are often covered by insurance when they are considered **medically necessary** to diagnose or better understand medical, neurological, developmental, cognitive, behavioral, or mental health conditions.

However, insurance coverage varies by plan and referral question. Coverage cannot be guaranteed by our office.

Some insurance plans may not cover certain types of testing, including evaluations for ADHD, autism spectrum disorder, learning concerns, or other developmental or behavioral conditions.

Academic achievement testing and psychoeducational evaluations are educational services. These services are self-pay and are not billed to insurance by our practice.

Insurance generally does not cover evaluations that are primarily educational, legal, forensic, custodial, or disability-related in purpose. Examples may include:

- Academic achievement testing
- Learning disability evaluations
- Educational planning, including IEP or 504 eligibility, or school accommodation requests
- Gifted testing
- Court-ordered, custody, or other legal evaluations
- Evaluations requested primarily for disability determinations or disability benefits

Final patient responsibility depends on the individual's insurance plan and may include deductibles, co-insurance, co-pays, non-covered services, denied claims, or other out-of-pocket expenses determined by the insurance carrier.

Families are encouraged to contact their insurance carrier directly with questions about benefits, deductibles, co-insurance, authorization requirements, or coverage limitations.

GETTING STARTED

To learn more about our services, please contact our office at 860-270-0600 extension 100.

To schedule a psychological or neuropsychological evaluation, ask your to fax a referral to 860-748-4432.

QUESTIONS

Phone: 860-270-0600 ext. 100 * Email: clinicalservices@escrec.org * Referral Fax: 860-748-4432